



pathways



Follow the path to Northwestern State...
Dedicated to one goal. Yours.

SELF IMPROVEMENT

Water Aerobics

This workout consists of simple low impact exercises executed in the water. The program is designed to promote and maintain cardio respiratory fitness, strengthen muscles, and improve flexibility. This program is especially recommended for arthritic and/or pregnant women.

Date: June 2 - 30 Sess 1
 July 1 - 30 Sess 2
 August 4 - 27 Sess 3
 Tues, Wed, & Thurs
Time: 10:30 am - 11:30 am
Fee: \$35/per session or \$99 for all 3
Location: NSU Recreation Complex
Instructor: Denise Poleman

Introduction to Keyboarding (4th-8th Grade)

An introductory class to keyboarding. This class will introduce all of the keys on the keyboard with a focus on correct technique, speed, and accuracy.

Date: June 8 - 19, Mon - Fri
Time: 10:00 am - 12:00 pm
Fee: \$125
Location: South Hall
Instructor: Caleb Donaho

Basic Photography

In this course you will learn the skills and techniques of taking great photographs with your DSLR camera. We will go over camera models, lenses, and filters as well as lighting, shooting techniques, and post-processing basics. Part of the experience includes hands-on shooting and camera work so you must bring a camera to use. This course is designed with DSLR cameras in mind, but could help those wanting to break into the field of more dynamic cameras and images. (Participants will need a camera (DSLR preferred))

Date: June 13, Saturday
Time: 1:00 - 3:00 pm
Fee: \$30 or \$50 for both photography classes
Location: South Hall
Instructor: Heather Williams

Basic Photography II

I've taken the photo, now what? This course will demonstrate how to organize and share your photos on your computer, software options for post-processing, and creating prints or other means of display.

(Participants will need a camera with computer cable supplied with camera or SD card reader)

Date: June 13, Saturday
Time: 4:00 - 6:00 pm
Fee: \$30 or \$50 for both photography classes
Location: South Hall
Instructor: Heather Williams

Social Media 101

What's a Tweet? Why do I keep getting emails about someone posting on my Facebook wall? Why are people using the pound sign when they post? Come join us in exploring social media.

This course will provide an overview of popular services like: Facebook, Twitter, Instagram, LinkedIn, YouTube, and Pinterest!

Date: June 25, Thursday
Time: 6:00 - 8:00 pm
Fee: \$25
Location: South Hall
Instructor: Heather Williams

Beginning Cake Decorating

This course focuses on the fundamentals of cake decorating. It is designed for the cake decorating shop owner, baker, caterer, chef, or enthusiast. The class will stress classic decorating-beginning with a thorough understanding of the fundamentals. Students will also be encouraged to express themselves creatively.

Date: June 15 - 19, Mon - Fri
Time: 5:30 - 8:30 pm
Fee: \$99
Location: Culinary Arts Building (behind the Student Union)
Instructor: Mary Paige

Rape Aggression Defense Women's Basic Physical Defense Class (R.A.D.)

The R.A.D. objective is "To develop and enhance the options of self-defense, so they may become viable considerations to the woman who is attacked."

Participant expectations:

- You have every right to expect a professional and safe training environment.
- You can expect to be mentally and physically challenged during this course.
- You can expect to learn risk awareness, reduction and avoidance tactics that will, if employed, increase your chances of not being attacked.
- You can expect to learn self-defense skills that will expand your options should you ever be attacked.
- You have every right to choose non-participation, at any time, for any reason.
- You have every right to expect to be treated courteously and professionally by your Instructors and guest speakers during this course.

Date: June 2, 9, & 16, Tuesdays
Time: 9:00 am - 1:00 pm
Fee: \$25
Location: TBD
Instructor: Sgt. Jeff Townson

Driver Education

This course will consist of 30 hours of classroom instruction and a minimum of 8 hours of practice driving (behind-the-wheel instruction). You will receive a certificate verifying successful completion of the course. Please provide proof of age. Must be 15 years old, on or before the first day of class!

Date: July 13 - 17, Mon - Fri
(Driving Schedules will be set once class begins.)
Time: 8:00 am - 2:30 pm
Fee: \$350
Location: South Hall
Instructor: Kevin Warner

My Phone Can Do That?

Miss the days when your cell phone would only make phone calls? This class is for you. Join us for a class demonstrating the functionality of smart phones and tablets. We will discuss the features on the cellular and mobile assistant functionalities. Smartphones vary by brand but most will feature: cameras, GPS navigation, App stores, music players, and Wi-Fi access. Come find out what yours can do for you! (Participants will need a smartphone or tablet)

Date: July 11, Saturday
Time: 9:00 - 11:00 am
Fee: \$25
Location: South Hall
Instructor: Heather Williams

Introduction to iMovie

Editing home movies has never been easier. iMovie is fast and easy and allows you to create excellent videos. Layer videos or photographs taken on your iPhone, iPad, or iPod. iMovie allows you to crop, edit, split, and even provide audio commentary for your video. Finished products can be saved to your device to share with friends via YouTube, Facebook, or other social media channels. (Participants will need an iPhone, iPad, or iPod touch with iMovie app installed)

Date: July 11, Saturday
Time: 1:00 - 3:00 pm
Fee: \$25
Location: South Hall
Instructor: Heather Williams

LA Concealed Carry Class

9-hr (1 day) Course for LA Residents 21 and older who want to obtain a Concealed Handgun Permit. Taught by certified instructors. Learn pistol shooting fundamentals, safe handling, use of force laws, etc.

Minimum of 5 Students.

Date: August 8, Saturday
Time: 8:00 am - 6:00 pm
Fee: \$110
Location: South Hall - Classroom
 Natchitoches Shooting Range - for qualifying stage
Instructor: Kevin Billiot

Target Debt Free Online (How to Eliminate All Your Debt)

Give yourself a pay raise without having to make more money or beg your boss. By completing these 16 video-based lessons you will:

- Save between 10%-30% of your monthly salary
- Learn how to pay off all of your consumer debt in 1-3 years, and your mortgage in another 4-6 years on the money you make now
- Learn the secret to building wealth
- Have less stress on and off the job
- Be able to send your kids to college
- Be able to retire on time

Target Debt Free online is the most comprehensive financial education training program anywhere. The course has been presented as an employee benefit in organizations like Mobil Oil, Citibank, Neiman Marcus, City of Houston and the Air Force and Navy. You can now have more money each month in order to save and acquire the things that are important to you.

Date: Available after June 15
Time: Open
Fee: \$97
Location: Online
Instructor: [Dr. Thomas Watson, Author of *The Great American Debt Opportunity: Turn your Debt into Wealth*](#)





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Are you a high school student who needs to make up or retake a course?

Online High School Credit Recovery Courses

Enroll in a credit recovery course to get on track to earn your high school diploma!

- **Flexible:** Online courses are available anytime, anywhere
- **Accredited:** Southern Association of Colleges and Schools
- **Convenient:** Work at your own pace on your schedule

Nine Courses Available:

Mathematics

- Algebra I
- Geometry
- Algebra II

Science

- Biology
- Chemistry

Language Arts

- English I
- English II
- English III
- English IV

One semester course is equivalent to 0.5 Carnegie unit

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To learn more about Northwestern State University's 34 online degree programs, please contact us at (800)376-2422 or (318)357-6100 or email us at ece@nsula.edu. You can also visit us at ensu.nsula.edu.



Getting Started

- Select a course title on the Home page or the Courses page for details.
- Before you enroll complete the [Credit Transfer Pre-Approval form](#).
- Talk to your guidance counselor to ensure the course will be accepted for transfer credit.
- Your guidance counselor may want to review the course detail prior to approval.
- You can download the [Course Catalog](#).
- Or share this site by clicking the email icon (it looks like an envelope) that's at the top of each page.

*** High School Guidance Counselor must approve prior to enrollment**



Career Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self-paced
- All materials, workbooks, and software are included
- Payment plans available

Pharmacy Technician

This nationally recognized Pharmacy Technician online course and training program teaches the skills needed to gain employment as a Pharmacy Tech in either the hospital or retail setting.

Medical Coding and Billing

Upon successful completion of the Medical Billing and Coding course, students will be prepared for an entry-level position doing medical billing or coding in a medical office setting.

Medical Transcription

This nationally recognized medical transcription online course and training program prepares you to start a new career as a medical transcriptionist.

Six Sigma Black Belt

Course material provides an in-depth look at the Six Sigma Black Belt DMAIC problem-solving methodology, as well as deployment and project development approaches.

Online Courses

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. You can complete any course entirely from your home or office. Any time of the day or night.

Features:

- Courses run for six weeks (with a 10-day grace period at the end).
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

How to Get Started:

1. Visit our Online Instruction Center:
www.ed2go.com/nsu
2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Introduction to Microsoft Access

Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Introduction to PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

MORE COURSES AVAILABLE AT OUR WEBSITES

www.gatlineducation.com/nsula

www.ed2go.com/nsu

PLEASE VISIT

<http://ece.nsula.edu/non-credit/>

FOR MORE INFORMATION OR TO REGISTER CALL

800-376-2422 or 318-357-6355

To learn more about our online non-credit courses visit

<http://www.gatlineducation.com/nsula>

& <http://www.ed2go.com/nsu/>

Pre-Registration and early payment of fees is highly recommended!

- * Some classes have a maximum number of participants allowed, and early notice of intent will reserve a place for you on the activity roster.
- * Your registration is complete upon receipt of payment. If class fails to meet the minimum requirement, all fees will be refunded.

Cancellation/Refund Policy:

Electronic and Continuing Education will contact students via telephone or email as soon as a determination is made. No refunds are granted on the day the class begins or after the class begins.

FOUR EASY WAYS

TO REGISTER WITHOUT LEAVING HOME OR WORK!

- **Mail** completed registration form with payment to:
*Northwestern State University,
Office of Electronic and
Continuing Education,
South Hall, Room 100,
Natchitoches, LA 71497*
- **Telephone:**
(1-800-376-2422 or 318-357-6355).
Use MasterCard, Visa or American Express
Call between 7:00 AM-12:00PM, 1:00PM-4:30 PM(Monday-Thursday) & 8:00AM-12:00PM (Friday).
- **Fax:** (318-357-6978). Fax completed form including credit card information.
- **Drop by** the Office of Electronic and Continuing Education,
South Hall, Room 100

**ELECTRONIC & CONTINUING EDUCATION
EXPRESS REGISTRATION FOR NON-CREDIT COURSES**

Last Name _____ First Name _____

Address _____

City _____ State _____

Zip Code _____

Phone/Home _____ Work/Cell _____

E-mail Address _____

Please send a separate check for each course.

SUPPLY FEES ARE TO BE PAID DIRECTLY TO THE INSTRUCTOR
DURING THE FIRST CLASS!

COURSE TITLE	DATE	FEE
_____	_____	_____
_____	_____	_____
_____	_____	_____

PAYMENT (check one):

Check (payable to NSU)

Visa

MasterCard

American Express

Account# _____ CVV2# _____

Expiration Date _____ MM _____ YY

CardHolder Name _____

Authorizing Signature X _____

Authorizing Amount _____

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